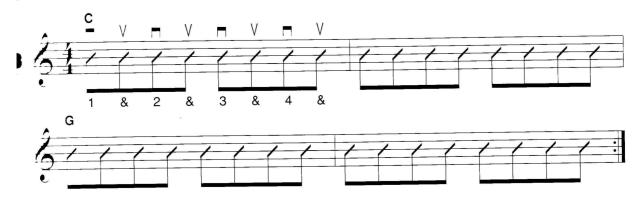
MORE STRUMMING

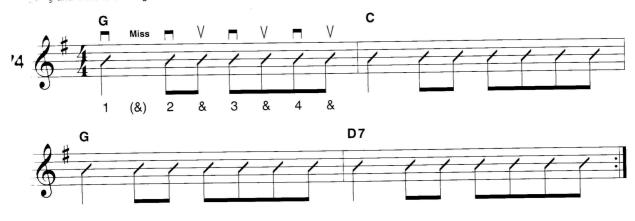
The actionating down-up stroke pattern you have already played on eighth notes can also be applied to strumming. As you practice for a wing exercise, keep you wrist relaxed and flexible. The down-up motion will be much faster and easier if you use also of the wrist only, rather than of the entire arm. This wrist motion feels a little like shaking water off the hand.

EASIC DOWN-UP STRUM



STRUM VARIATIONS

- adiation of the basic down-up strum misses the upstroke or "and" of the first beat. Remember to keep the down-up motion gaing and miss the strings on the "and" of beat one.



This variation misses two upstrokes. Continue to strum but miss the strings on the "and" of beats one and three.

