

Practice Checklist.

A. Picking:

B. Chords: Practice current chord/s, chord change or progression.

C. Scales: Refer to Scales sheet

D. Arpeggios: Refer to arpeggios sheet.

E. Rhythm/Strumming:

F. Reading :

G. Aural

1. Pitch
2. Rhythm

H. Soloing Techniques

1. Slides
2. Hammer ons
3. Pull offs
4. Vibrato
5. Bends
6. Trills

I. Songs : *Work on current songs. Try to focus on no more than 6 songs at a time.*

• Write a list of songs you would eventually like to be able to play (Ultimate Song list)

*Remember

Use the metronome as much as possible and always begin at a **SLOW TEMPO**.

Establish a **ROUTINE**. Practice at the same time each day.

Try to practice in a place where you **WILL NOT BE DISTURBED**.

BE PATIENT. Results will not come immediately. All good things take time.

Stay motivated by listening to your favourite guitar bands or watching a DVD.

STICK TO THE PROGRAM and refer to this sheet every day.

*Alternate equally between **SKILLS & SONGS**.*

- Master guitar or bass
- Improve your musicality
- Learn your favourite songs in minutes
- Learn to play with other musicians
- Learn to improvise
- **Write your own music**